

St. Thomas the Apostle Catholic School Sports Philosophy

Our athletes will strive to do their best and encourage and support their teammates. This includes keeping their grades up in every class. All students of St. Thomas the Apostle Catholic School who are in good academic and/or conduct standing are eligible to participate in programs offered. All students who consistently attend practices and competitive events, as well as consistently abide by the "Code of Student Athletes" will be considered a member of any team or squad, and be given the opportunity to participate in all team events.

As a community, we meet the challenges of our athletic philosophy through the cultivation of the following values:

- A commitment to reinforcing Christian values that recognize the importance of God and Church and the need for community and the value of service to others;
- A commitment to achieving individual and team goals;
- A commitment to diligent preparation, fair play, and self-discipline;
- A commitment to exercise and competition which contributes to the development of an athlete's mental, emotional, and physical well-being;
- A commitment to age and skill appropriate coaching and competition at every level.

Athletic activities are a significant, valuable community effort, which foster loyalty, promote school spirit and student participation, and develop healthy competition and sportsmanship. Goals of the athletic program need to be meaningful to all the members of the community.

Students selected to represent St. Thomas the Apostle Catholic School on an athletic team must realize that the school team requirements come first; league teams, for which the student may be a member, come second.